

PLEASE BRING TO YOUR APPOINTMENT

1. NEW PATIENT PAPERWORK THAT YOU RECEIVED IN THE MAIL. (PLEASE **DO NOT** MAIL THIS BACK TO US PRIOR TO APPOINTMENT).
2. **INSURANCE CARDS** AND PICTURE IDENTIFICATION.
3. ALL MEDICATIONS.
4. ANY OFFICE NOTES AND LAB RESULTS, XRAY REPORTS (ULTRASOUNDS, MRI'S, THYROID SCAN, ETC..) FROM YOUR REFERRING PHYSICIAN.
5. IF YOUR INSURANCE REQUIRES A REFERRAL, IT IS YOUR RESPONSIBILITY TO ENSURE THAT WE HAVE THAT INFORMATION ON FILE PRIOR TO YOUR APPOINTMENT.

IF YOU ARE A DIABETIC – PLEASE BRING:

1. GLUCOSE MONITOR (REQUIRED FOR EVERY APPOINTMENT).
2. WRITTEN BLOOD SUGAR READINGS FOR AT LEAST 2 WEEKS.
3. A 3 DAY FOOD LOG (ANYTHING YOU HAVE EATEN AND DRANK FOR THE LAST 3 DAYS).

YOUR APPOINTMENT MAY HAVE TO BE RESCHEDULED IF THE ABOVE ITEMS ARE NOT AVAILABLE AT THE TIME OF YOUR APPOINTMENT.